

KNOW YOUR BACK PAIN!

Catalyst provides a back care program designed to help you understand your back pain. Our highly trained physiotherapists are experts in back injuries and back care.

We will cover the common causes of back pain, anatomy, and most importantly, what you can do about it!



BACK CARE PROGRAMS

Our program runs over 3 weeks and will include 3 x 1.5 hour sessions, with an education and practical component.

Start the process of getting your life back today! Speak to your Employment Consultant about signing up for classes.

BEENLEIGH

Shop 8
20 Main St
Beenleigh QLD 4207
P: (07) 3807 5559
F: (07) 3807 4009

E: employment@catalystim.com.au

WOODRIDGE

Multilink Community Services
38 Blackwood Rd
Woodridge, QLD 4114
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CRESTMEAD

Logan Metro Sports Complex
357 Browns Plains Rd
Crestmead, QLD 4132
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F: (07) 3807 4009

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