

Functional Capacity Evaluations



What is a Functional Capacity Evaluation (FCE)?

A Functional Capacity Evaluation (FCE) is an assessment completed by an experienced Physiotherapist which usually lasts for 1 hour. An FCE measures the anticipated demands of work and is used to establish an individual's physical capability to complete work related functional tasks and activities without aggravating their often chronic conditions to determine what type of rehabilitation support they would benefit from.

AN FCE will provide the client and referrer with information in the following areas:

Personal Background Information - A summary as reported by the client regarding events before/after the injury, management of the injury, medication taken, Dr's details, employment history and employment benchmark.

Symptoms & Functional Reporting - The symptoms of the client's injury or illness, physical, limitations, activities of daily living and questionnaire results.

Musculo-Skeletal Assessment - General observations, physical active movement testing, observed tolerances, post assessment reported symptoms.

Summary & Recommendations - The report generated will detail the above information in a useable form for the referrer and give clear and succinct recommendations for suitable duties, rehabilitation and interventions.

Information gathered during an assessment is always objective and accurate being based on observation and functional testing and taking into consideration behavioural, environmental and other relevant factors.

What to wear - Joggers or flat shoes and comfortable clothing.

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